

Menu Nutrition

Menu: Big Treat

Big Treat Theme day 19/01/17

Seq	Product	Description	Size	Energy (kJ (kJ))	Energy (kc (kcal))	Fat (g)	Satd FA /1 (g)	Carbohydra (g)
10	P00898	Chicken Nuggets	Ptn	274.5	65.0	2.2	0.9	2.9
20	P00102	Macaroni Cheese	Ptn	>1035.7	246.7	10.6	6.1	20.7
30	P00850	Jacket Potatoes	Ptn	697.2	163.2	0.2	tr	38.0
40	P00264	Chips	Ptn	705.7	137.5	3.6	0.4	25.1
50	P00273	Baked Beans	Ptn	339.5	79.7	0.7	0.1	13.7
51	P00865	Organic Baked beans	Ptn	338.8	52.5	1.3	0.1	12.1
60	P00279	Sweetcorn	Ptn	72.1	17.1	1.3	0.0	1.9
70	P00765	Jam Doughnuts	Ptn	618.5	147.0	4.1	1.5	24.0

Seq	Product	Description	Size	NME Sugar (g)	NSP (g)	Protein (g)	Iron (mg)	Zinc (mg)
10	P00898	Chicken Nuggets	Ptn	?	0.7	9.6	?	?
20	P00102	Macaroni Cheese	Ptn	(0.0)	0.7	18.6	0.5	>1.9
30	P00850	Jacket Potatoes	Ptn	(0.0)	3.2	4.7	0.8	0.6
40	P00264	Chips	Ptn	0.3	3.0	2.5	>0.2	>0.2
50	P00273	Baked Beans	Ptn	3.1	4.2	5.9	1.3	0.6
51	P00865	Organic Baked beans	Ptn	0.0	3.1	2.9	0.0	0.0
60	P00279	Sweetcorn	Ptn	0.0	1.4	1.8	0.0	0.0
70	P00765	Jam Doughnuts	Ptn	5.0	1.4	2.6	?	?

Seq	Product	Description	Size	Calcium (mg)	Vitamin A (µg)	Vitamin C (mg)	Folate (µg)	Sodium (mg)
10	P00898	Chicken Nuggets	Ptn	?	?	?	?	130.0
20	P00102	Macaroni Cheese	Ptn	462.4	(122.1)	2.3	>34.2	336.9
30	P00850	Jacket Potatoes	Ptn	13.2	(0.0)	16.8	52.8	14.4
40	P00264	Chips	Ptn	>2.8	>0.0	>3.3	>10.2	114.0
50	P00273	Baked Beans	Ptn	49.1	0.0	tr	25.1	360.3

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51	P00865	Organic Baked beans	Ptn	0.0	0.0	0.0	0.0	0.3
60	P00279	Sweetcorn	Ptn	0.0	0.0	0.0	0.0	0.0
70	P00765	Jam Doughnuts	Ptn	?	?	?	?	169.0

Seq	Product	Description	Size	Total suga (g)	Salt (g)
10	P00898	Chicken Nuggets	Ptn	?	?
20	P00102	Macaroni Cheese	Ptn	5.6	0.8
30	P00850	Jacket Potatoes	Ptn	1.4	0.0
40	P00264	Chips	Ptn	>0.0	0.3
50	P00273	Baked Beans	Ptn	3.1	0.9
51	P00865	Organic Baked beans	Ptn	3.9	0.0
60	P00279	Sweetcorn	Ptn	0.0	0.0
70	P00765	Jam Doughnuts	Ptn	?	0.4